



The Wisconsin Department of Children and Families and the Coalition for Children, Youth & Families welcomes you to:

## **FAMILIES LIKE MINE Relative Caregivers for Children Conference**

### **Conference Schedule**

- 8-9 AM: Registration and Breakfast
- 9-9:30 AM: Welcome – Shannon Braden / Department of Children and Families -
- 9:30-9:45 AM: Icebreaker
- 9:45-10 AM: Break
- 10-11:30 AM: Robyn Gobbel "Trauma and Regulation"
- 11:30 AM-12 PM: Q&A/Resource Time
- 12-1 PM: Lunch
- 1-1:10 PM: Welcome Back/ Explanation of Breakouts
- 1:15-2:15 PM: Breakout Sessions
- 2:15-2:30 PM: Break (Refreshments)
- 2:30-3:30 PM: Robyn Gobbel "Talking to Kids About the Tough Stuff"
- 3:30-3:45 PM: Wrap up/Surveys

### **Breakout Sessions**

- Utilizing Creative Arts in Therapies *with Sara Devine of Expressive Therapies*  
Room: Wisteria

As caregivers of children who've experienced trauma, we know that each child takes their own path toward healing. Every child is unique and so are their experiences. Because of that, it is important for caregivers to learn about a variety of therapies that could bring healing to our children, to see your child through a complex trauma lens and learn ideas to regulate, relate and reason. This session will explore how the creative arts are utilized in treatment of complex trauma. Parents will learn about opportunities in music, art, dance, and movement, and how they can be used to create a healing environment for children.

In this session we will:

- Discover the impacts of a child being separated from biological parent(s)
  - Build a framework around utilizing a complex trauma lens
  - Explore creative arts therapies through interactive experientials
  - Learn at home tips and strategies through the creative arts that can help children during challenging moments
- Legal Options for Kinship Families *with Susan Conwell, Executive Director of Kids Matter Inc.*  
Room: Portia

What are the types of guardianship? How do they differ from adoption? What is the difference between kinship and foster care? This presentation will provide you with the information you need for making the best possible decisions for your family and the relative child in your care.

- Relative Caregiver "Café Style" Workshop *with Wisconsin Department of Children and Families*  
Room: Tamarind

This is an opportunity for relative caregivers to partner with DCF towards the vision of "putting families first," by sharing their experiences and insights. We'll discuss questions like; what is your vision for the future of relative caregiving in Wisconsin? What barriers get in the way? What topic/issue should be a priority for change?